

# **AudioVocal/AudioInstrumental Course - AVAIC**

## **Spoken-singing voice and Instrumental Sound**

from 8<sup>th</sup> to 10<sup>th</sup> of December 2023 in Verona (Italy)

An Audio Vocal/Audio Instrumental Course in accordance with the psychophysiological method of listening training of Alfred Tomatis will be held by dr Concetto Campo from 8<sup>th</sup> to 10<sup>th</sup> of December 2023 in Verona (Italy).

The **AVAIC** is based on Tomatis studies on the function of the phonatory organ and the instrumentalist's motricity under maximum performance and minimum effort conditions. The **AVAIC** helps to put into practice all that Tomatis discovered in his over fifty years of clinical and didactic work with opera singers, instrumentalists, actors, orators and monks who use the Gregorian chant.

The course is open to all those who desire to perfect their own vocal and instrumental potential simultaneously carrying out a personal growth study by working with the voice and with their musical instrument in accordance with the discoveries made and put into practice by Dr. Alfred Tomatis.

It is a practical course that aims at helping the students to use their own vocal and instrumental potential in a more complete manner by means of particular exercises especially formulated by Dr. Tomatis in order to rediscover one's own voice and a more economic and efficient personal motricity when playing an instrument.

The **AVAIC** helps to use better your body-instrument to produce a better-quality sound with your voice and with your music instrument.

A better use of the body in producing sound leads to a reduction in vocal and playing instrument effort. Consequently, the voice becomes softer and less tired and musical expression is more fluent and simpler. This makes speaking a pleasure while the listener's attention is held longer. The singer increases the possibility of emitting a quality sound with less effort. The musician improves the mastering of the instrument and the quality of the sound produced with less effort.

Principal topics:

**Listening posture**

**The myth of breathing in singing**

**Reducing vocal effort**

**Good posture and bony sound**

**Self-confidence via better voice**

**Vocal energy and personal energy**

**Ethnic listening**

**Audiogenic training**

**Audio-motor control of your music instrument**

**Quality of the sounds produced and brain stimulation**

**The importance of a good pronunciation**

**Reading aloud**

**Speaking, singing and playing an instrument with different ethnic listenings**

**Maintenance and progress exercises**

The AVAIC will be held by dr Concetto Campo, at the Sezano monastery on the hills near Verona, via Mezzomonte 28, on Friday the 8<sup>th</sup> – Saturday the 9<sup>th</sup> – Sunday the 10<sup>th</sup> of December 2023.

From 4,30 pm to 7,30 pm on Friday, from 9 am to 1 pm and from 2,30 pm to 6 pm on Saturday and from 9 am to 1 pm on Sunday.

There will be a mid-morning and a mid-afternoon coffee break and a lunch break.

The course costs:

€ 330,00 if you pay by the 28th of November 2023

€ 350,00 if you pay after the 28th of November 2023

Participants may enrol by depositing the amount into the following bank account, registered to **Concetto Campo**

**c/o Banco BPM**

**IBAN: IT54B0503411715000000014878**

**SWIFT: BAPPIT21015**

The available places will be on a first come, first served basis.

To confirm enrolment, please notify proof of payment by e-mail.

**Enrolment closes on 5<sup>th</sup> of December 2023**

For information:

tel: **+39-335-6206275**

e-mail: **tomatis.verona@gmail.com**

An attendance certificate will be given out at the end of the course.

If the course is cancelled, the enrolment deposit will be fully reimbursed.